



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Dear YMCA Gymnastics Families & Supporters,  
The YMCA State Gymnastics meet is once again upon us! Our gymnasts have worked so hard to perfect and showcase their skills this season. We would like to give everyone an opportunity to wish their favorite gymnast good luck by purchasing a "shout out" to be published in the state meet program book.

**Please send completed artwork via e-mail to:**

2019stategymnastics@laxymca.org

**With the subject:**

PROGRAM SHOUT OUT AND YOUR LAST NAME

- \$100 Full Page: 8.5" x 11"
- \$60 Half Page (horizontal): 8.5" x 5.5"
- \$40 Quarter Page: 4.25" x 5.5"
- \$20 Business Card size (1/8 page): 4.25" x 2.25" text only, no photos please.

**NOTE:** Original/finished artwork must be sent in PDF or JPEG form. We cannot accept documents in programs like Microsoft Word or Publisher. To ensure the best quality for your shout out, send photos in high resolution (300dpi minimum) PDF or JPEG form only. All photos will be printed in black and white.



**Deadline for receipt of payment and finished shout outs: February 10th, 2019**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

YMCA affiliated with: \_\_\_\_\_

E-mail: \_\_\_\_\_

Check is enclosed. (Please make checks payable to La Crosse YMCA Gymnastics)

Please charge my credit card.

Card Number: \_\_\_\_\_ Exp. Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Sec. Code: \_\_\_\_\_

Signature: \_\_\_\_\_

Return this form with payment to:  
**La Crosse Area Family YMCA**  
**ATTN: Kelly Sorensen - Program Shout Out**  
**400 Mason Street**  
**Onalaska, WI 54650**