

Saturday March 16th, 2019 - GYM A

Central High School 1801 Losey Blvd La Crosse, WI 54601

Session 1 – Levels 8, 9 and Excel Platinum

8:00-8:30am Stretch / 8:30-11:30am Competition

Vault/Bars/Beam/Floor

A - Green Bay L8 (6), Sheb L8 (1), P (1), SWC P (1)
B - Fond du Lac L8 (1), P (4), Waukesha L8 (5), P (1)

Bars/Beam/Floor/Vault

A - Green Bay L8 (3), L9 (2), P (1)
B - La Crosse L8 (7), M&M L8 (3)

Beam/Floor/Vault/Bars

A - La Crosse L8 (7),
B - HOTV L8 (4), L9 (1), Kettle Moraine P (6)

Floor/Vault/Bars/Beam

A - Wausau L8 (6), L9 (1)
B – Kettle Moraine L8 (3), Door County L8 (1),
Milwaukee L8 (3), P (2)

Level 8, 9 and Platinum Awards to Follow

Approximate awards time: 11:30am

Session 2- Level 4A (10 and under) & 4B (12 y/o)

11:30am -12:00pm Stretch / 12:00-3:00pm Competition

Vault/Bars/Beam/Floor

A - Green County 4A (1) 4B (3), Sheboygan 4A (3) 4B (1),
Stevens Point 4A (4)

B - Door County 4A (3), Wausau 4A (3) 4B (5)

Bars/Beam/Floor/Vault

A - Green Bay 4A (2) 4B (3), Waukesha 4A (2) 4B (4)
B - Fond du Lac 4A (2), Manitowoc 4A (2) 4B (2),
Stateline 4A (4), 4B (3)

Beam/Floor/Vault/Bars

A - Kettle Moraine 4A (7) 4B(2), SWC 4B (1)
B – La Crosse 4A (7) 4B (4)

Floor/Vault/Bars/Beam

A – Eau Claire 4A (6) 4B (2)
B - Heart of the Valley 4A (4) 4B (4)

Level 4A/4B Awards to Follow

Approximate awards time: 3:00pm

Session 3- Level 4C (11 y/o) & 4D (13 and up)

3:00-3:30pm Stretch / 3:30-6:30pm Competition

Vault/Bars/Beam/Floor

A – Sheboygan 4C (3) 4D (4), SWC 4C (2)
B – Milwaukee 4C (2), Eau Claire 4C (1), Fond du Lac 4C
(1), 4D (3)

Bars/Beam/Floor/Vault

A- Wausau 4C (2) 4D (6)
B- Green County 4C (2) 4D (5), Waukesha 4C (4) 4D (4)

Beam/Floor/Vault/Bars

A- Manitowoc 4C (3) 4D (2), Kettle Moraine 4C (4), 4D
(1)
B- M&M 4D (1), La Crosse 4C (3) 4D (4), Stevens Point
4C (5)

Floor/Vault/Bars/Beam

A - Green Bay 4C (7) 4D (1)
B - Stateline 4C (3), Heart of the Valley 4C (7), 4D (5)

Level 4D/4C Awards to Follow

Approximate awards time: 6:30pm

This awards session will include Level 4 team awards

Session 4 – Level 5

6:30-7:00pm Stretch / 7:00 – 9:00pm Competition

Vault/Bars/Beam/Floor

A - Heart of Valley (7), Stevens Point (3)
B - Stateline (8), Eau Claire (5)

Bars/Beam/Floor/Vault

A - Wausau (12)
B - La Crosse (7), Kettle Moraine (3)

Beam/Floor/Vault/Bars

A – Heart of the Valley (8)
B – Green Bay (6), Sheboygan (3)

Floor/Vault/Bars/Beam

A – Waukesha (10)
B – Fond du Lac (5), Manitowoc (3), SWC (4)

Level 5 Awards to Follow

Approximate awards time: 9:00pm

Saturday March 16th, 2019- GYM B

Central High School 1801 Losey Blvd La Crosse, WI 54601

Session 1- Level 1 & Excel Bronze

8:00-8:20am Stretch / 8:20-10:20am Competition

Vault/Bars/Beam/Floor

A - Sheboygan L1 (9)

B – Milwaukee L1 (11)

Bars/Beam/Floor/Vault

A - Green County L1 (12)

B – Sheboygan L1 (10)

Beam/Floor/Vault/Bars

A – Kettle Moraine L1 (5), Fond du Lac L1 (7)

B – M&M L1 (13)

Floor/Vault/Bars/Beam

A – Sheboygan B (7)

B –Green County L1 (13)

Level 1 & Excel Bronze Awards to Follow

Approximate awards time: 10:20am

Session 3 – Level 2C (9 y/o)

12:30-1:00pm Stretch / 1:00-2:15pm Competition

Vault/Bars/Beam/Floor

A - Green County 2C (5), SWC 2C (2)

B – Waukesha 2C (8)

Bars/Beam/Floor/Vault

A –Fond du Lac 2C (2), Door County 2C (4)

B –M&M 2C (7), Stevens Point 2C (2)

Beam/Floor/Vault/Bars

A –Kettle Moraine 2C (3), Wausau 2C (4)

B –Sheboygan 2C (9), Milwaukee 2C (2)

Floor/Vault/Bars/Beam

A –Eau Claire 2C (3), Stateline 2C (2)

B –Green Bay 2C (5)

Level 2C Awards to Follow

Approximate awards time: 2:30pm

Session 2 – Level 2A (7 & under) & 2B (11 & up)

10:30-11:00am Stretch / 11:00-12:30pm Competition

Vault/Bars/Beam/Floor

A –SWC 2A (2) 2B (3), M&M 2A (1) 2B (3)

B – Wausau 2A (4) 2B (6)

Bars/Beam/Floor/Vault

A –Kettle Moraine 2A (2) 2B (3), Sheboygan 2A (3) 2B (1)

B –Stateline 2A (2) 2B (2), Green Bay 2A (2) 2B (5)

Beam/Floor/Vault/Bars

A -Eau Claire 2B (1), Green County 2B (4)

B –Fond du Lac 2A (4) 2B (4)

Floor/Vault/Bars/Beam

A –Stevens Point 2A (2) 2B (2), Waukesha 2A (5)

B –Milwaukee 2A (1) 2B (6)

Level 2A/2B Awards to Follow

Approximate awards time: 12:30pm

Session 4- Level 2D (8 y/o) & 2E (10 y/o)

2:30-3:00pm Stretch / 3:00-4:45pm Competition

Vault/Bars/Beam/Floor

A - Green Bay 2D (6) 2E (6)

B - Stateline 2D (1), Wausau 2D (3) 2E (2)

Bars/Beam/Floor/Vault

A –Milwaukee 2D (1) 2E (8)

B –Waukesha 2D (5) 2E (1), M&M 2D (2) 2E (3)

Beam/Floor/Vault/Bars

A –Eau Claire 2D (3), Stevens Point 2D (2) 2E (1)

B –Kettle Moraine 2D (4) 2E (3), SWC 2D (3) 2E (2)

Floor/Vault/Bars/Beam

A – Fond du Lac 2E (4), Door County 2D (1) 2E (3)

B – Sheboygan 2D (4) 2E (3), Green County 2D (1) 2E (4)

Level 2D/2E Awards to Follow

Approximate awards time: 4:45pm

This awards session will include Level 2 team awards

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Session 5- Excel Silver

4:45-5:15pm Stretch / 5:15-7:15pm Competition

Vault/Bars/Beam/Floor

A - Door County (9)

B – Milwaukee (10)

Bars/Beam/Floor/Vault

A –M&M (9)

B –SWC (4), Waukesha (6)

Beam/Floor/Vault/Bars

A –Eau Claire (3), Fond du Lac (2), Green County (4)

B – Sheboygan (10)

Floor/Vault/Bars/Beam

A – Stateline (9), Stevens Point (2)

B – Green Bay (12)

Excel Silver Awards to Follow

Approximate awards time: 7:15pm

Sunday March 17th, 2019- GYM A

Central High School 1801 Losey Blvd La Crosse, WI 54601

Session 1 – Level 7 8:00-8:30am Stretch / 8:30-11:30am Competition

Vault/Bars/Beam/Floor

A –Waukesha (7)

B - Stateline (7), Wausau (7)

Bars/Beam/Floor/Vault

A –Stevens Point (4), Heart of the Valley (5), Manitowoc (1)

B –Eau Claire (8), Fond du Lac (3)

Beam/Floor/Vault/Bars

A –La Crosse (7)

B –Milwaukee (10)

Floor/Vault/Bars/Beam

A -Green Bay (7)

B –Kettle Moraine (11)

Level 7 Awards to Follow, Approximate awards time: 11:30am

Session 2 – Level 6 11:30-12:00pm Stretch / 12:00 - 3:00pm Competition

Vault/Bars/Beam/Floor

A –Heart of the Valley (7)

B -La Crosse (9), Green County (6)

Bars/Beam/Floor/Vault

A –M&M (7), SWC (2)

B –Eau Claire (11)

Beam/Floor/Vault/Bars

A –Kettle Moraine (8)

B –Sheboygan (4), Waukesha (8)

Floor/Vault/Bars/Beam

A –Green Bay (5), Door County (2)

B –Wausau (12)

Level 6 Awards to Follow, Approximate awards time: 3:00pm

Session 3- Excel Gold 3:00-3:20pm Stretch / 3:20-6:15pm Competition

Vault/Bars/Beam/Floor

A –Sheboygan (8), Green County (4)

B –M&M (8), Stevens Point (4)

Bars/Beam/Floor/Vault

A –Kettle Moraine (13)

B – Green Bay (9), Fond du Lac (2)

Beam/Floor/Vault/Bars

A –Waukesha (8), Milwaukee (4)

B –Eau Claire (9)

Floor/Vault/Bars/Beam

A –Green Bay (9)

B –Door County (8), Stateline (2)

Excel Gold Awards to Follow, Approximate awards time: 6:15pm

Sunday March 17th, 2019- GYM B

Central High School 1801 Losey Blvd La Crosse, WI 54601

Session 1 – Level 3A (10 y/o) 8:00 -8:30am Stretch / 8:30-10:15am Competition

Vault/Bars/Beam/Floor

A –Wausau 3A (3), Waukesha 3A (4)

B –Sheboygan 3A (2), Green County 3A (2), La Crosse 3A (3)

Bars/Beam/Floor/Vault

A –SWC 3A (1), Heart of the Valley 3A (7)

B –Kettle Moraine 3A (6)

Beam/Floor/Vault/Bars

A –Stateline 3A (4)

B –Fond du Lac 3A (3), Manty 3A (4)

Floor/Vault/Bars/Beam

A –Eau Claire 3A (3), Milwaukee 3A (2)

B –M&M 3A (3), Green Bay 3A (7)

Level 3A Awards to Follow, Approximate awards time: 10:15am

Session 2 – Level 3B (9 y/o) & 3C (12 and up) 10:15am-10:45am Stretch /10:45-1:45pm Competition

Vault/Bars/Beam/Floor

A –Green Bay 3B (8), Eau Claire 3B (1) 3C (1)

B –Manitowoc 3B (2) 3C (6), Fond du Lac 3B (3) 3C (2)

Bars/Beam/Floor/Vault

A –Green County 3B (5) 3C (1), Wausau 3B (1) 3C (4)

B –Waukesha 3B (2), Heart of the Valley 3B (6), M&M 3B (2) 3C (3)

Beam/Floor/Vault/Bars

A –Milwaukee 3B (2) 3C (1), Green Bay 3C (7)

B –Kettle Moraine 3B (7) 3C (1), Stateline 3C (2), Sheboygan 3B (1)

Floor/Vault/Bars/Beam

A –Heart of the Valley 3C (6) 3C (6), SWC 3B (1) SWC 3C (1)

B –La Crosse 3B (1) 3C (7), Stevens Point 3B (1)

Level 3B/3C Awards to Follow, Approximate awards time: 1:45pm

Session 3- Level 3D (8 and under) 3E (11 y/o) 1:45-2:15pm Stretch / 2:15-5:00pm Competition

Vault/Bars/Beam/Floor

A –Eau Claire 3D (6) 3E (4)

B –Manitowoc 3E (2), Wausau 3E (4), Green County 3E (3), Fond du Lac 3E (4)

Bars/Beam/Floor/Vault

A –Milwaukee 3D (1) 3E (5)

B –Waukesha 3D (3) 3E (6)

Beam/Floor/Vault/Bars

A –Heart of the Valley 3D (2) 3E (5), Sheboygan 3D (2) 3E (1)

B –M&M 3E (7), Green Bay 3D (2) 3E (6)

Floor/Vault/Bars/Beam

A –La Crosse 3D (2) 3E (7)

B –SWC 3E (1), Kettle Moraine 3D (2) 3E (3)

Level 3D/3E Awards to Follow, this session will include Level 3 team awards. Approximate awards time: 5:15pm