

GLIDERS TEAM SLEEPOVER

ALL GYMNASTS MUST BE REGISTERED AT THE WELCOME DESK

- **Friday, October 12 7:00 pm - 7:30 am Saturday**
- **Sleepover is FREE to all girls on the Gliders gymnastics team.**
- **Parent chaperone required for 6 years and under to spend the night.**
(Ages 6 and under may join us without a chaperone until 9:30pm at which time they will need to be picked up by an adult.)
- **Chaperones welcome to stay for any age gymnast.**
- **When dropping off: an adult must sign the gymnast in with Coach Brigitte or Coach Allyson (16 & up may sign themselves in with permission slip signed by parent).**
- **Picking up: Gymnast must be picked up no later than 7:30 am in the gymnastics center and signed out with either coach (16 & up may sign themselves out).**
- **TENTATIVE SCHEDULE:**
 - 7-7:45 Open Gym**
 - 8:00 swimming**
 - 8:45 Pizza**
 - 9:00 games**
 - 9:30 PJ's and movie**
 - Pick up 7:3 am Saturday (No Breakfast)**
- **Supplies: Swim Suit, Midnight Snack and Water Bottle, Towel, Shower supplies and comb if needed, Sleeping bag, pillow, Pajamas, Toothbrush and toothpaste, Flashlight, Clothes for Saturday**

Before the sleepover, please join us for Girls Open Gymnastics from 6:00-7:00! You must have a punch card for open gymnastics, available at the front desk for \$120, which includes 5 open gym classes.

***If attending open gym, gymnast may be singed in at that time.**

Thank you! We are so excited for a fun night with all the girls!