

# GLIDERS TEAM SLEEPOVER

- Friday, November 11 7:00 pm - 7:00 am Saturday
- Sleepover is FREE to all girls on the Gliders gymnastics team.
- Permission slip required.
- Parent chaperone required for 6 years and under to spend the night.  
(Ages 6 and under may join us without a chaperone until 9:30pm at which time they will need to be picked up by an adult.)
- Chaperones welcome to stay for any age gymnast.
- When dropping off: an adult must sign the gymnast in with Coach Brigitte or Coach Allyson (16 & up may sign themselves in with permission slip signed by parent).
- Picking up: Gymnast must be picked up no later than 7:00am in the gymnastics center and signed out with either coach (16& up may sign themselves out).
- TENTATIVE SCHEDULE:
  - 7-7:45 Open Gym
  - 8:00 swimming
  - 8:45 Pizza
  - 9:00 games
  - 9:30 PJ's and movie
  - Pick up 7:00 am Saturday (No Breakfast)
- Supplies: Swim Suit, Towel, Shower supplies and comb if needed, Sleeping bag, pillow, Pajamas, Toothbrush and toothpaste, Flashlight, Clothes for Saturday

Before the sleepover, please join us for Girls Open Gymnastics from 6:00-7:00! You must have a punch card for open gymnastics, available at the front desk for \$15, which includes 5 open gym classes.

\*If attending open gym, gymnast may be signed in at that time.

Thank you! We are so excited for a fun night with all the girls!

# Gliders Team Sleepover Permission Slip

Friday, November 11 7:00 pm - 7:00 am Saturday

Sleepover is FREE to all girls on the Gliders gymnastics team members.

**Parent chaperone required for 6 years and under to spend the night, but chaperones welcome to stay for any age gymnast.**

Ages 6 and under may join us without a chaperone until 9:30pm at which time they will need to be picked up by an adult.

When dropping off: an adult must sign the gymnast in with Coach Brigitte or Coach Allison

Picking up: Gymnast can be picked up no later than 7:00am in the gymnastics center and signed out with either coach.

Supplies: Swim Suit, Towel, Shower items if needed, Sleeping bag, pillow, Pajamas, Toothbrush and toothpaste, Flashlight, Clothes for Saturday

Before the sleepover, please join us for Girls Open Gymnastics from 6:00-7:00! You must have a punch card for open gymnastics, available at the front desk for \$15, which includes 5 open gym classes.

Gymnasts Name \_\_\_\_\_

Level \_\_\_\_\_ Age \_\_\_\_\_

Food or Other Allergies \_\_\_\_\_

\_\_\_\_\_

Any medical conditions we need to be aware of \_\_\_\_\_

\_\_\_\_\_

Any other information you would like us to know \_\_\_\_\_

\_\_\_\_\_

Parent or Guardians to be contacted during the sleep over:

Guardian 1: Name \_\_\_\_\_ Relationship to child: \_\_\_\_\_

Phone # \_\_\_\_\_ Alternate Phone # \_\_\_\_\_

Address \_\_\_\_\_

Guardian 2: Name \_\_\_\_\_ Relationship to child: \_\_\_\_\_

Phone # \_\_\_\_\_ Alternate Phone # \_\_\_\_\_

Address \_\_\_\_\_

Signature of parent or guardian who has read and understands all above information:

Print: \_\_\_\_\_

Sign and Date: \_\_\_\_\_