

GLIDERS TEAM SLEEPOVER

- Friday, April 13th 7:00 pm - 7:30 am Saturday
 - Sleepover is free to all Glider Gymnasts Team Members (& their guardians!).
 - REGISTRATION REQUIRED BY THURSDAY, call or stop at the Y desk.
 - Parent chaperone required for 6 years and under to spend the night. (Ages 6 and under may join us without a chaperone until 10:00pm at which time they will need to be picked up by an adult.)
 - Chaperones welcome to stay for any age gymnast.
 - When dropping off: an adult must sign the gymnast in with Coach Brigitte or Coach Allyson (16 & up may sign themselves in if registered).
 - Picking up: Gymnast must be picked up no later than 7:30am in the gymnastics center and signed out with either coach (16& up may sign themselves out).
 - TENTATIVE SCHEDULE:
 - 7-7:45 Open Gym
 - 8:00 Swimming
 - 8:45 Pizza & Fruit
 - 9:00 Games
 - 10:00 PJ's and movie
 - Pick up 7:30 am Saturday (No Breakfast)
 - Supplies Required: Water bottle, healthy bedtime snack, Swim Suit, Towel, Shower supplies and comb if needed, Sleeping bag, pillow, Pajamas, Toothbrush and toothpaste, Flashlight, Clothes for Saturday.
- Before the sleepover, please join us for Girls Open Gymnastics from 6:00-7:00! You must have a punch card for open gymnastics, available at the front desk for \$20, which includes 5 open gym classes.
- *If attending open gym, gymnast may be signed in at arrival.

Thank you! We are so excited for a fun night with all the girls!