

Heart of the Valley YMCA

2018 Turkey Invitational - Rotation Schedule

There will be no rotation for bar settings. Please check bar sets before timed warm ups begin. We will be following the Modified Traditional Format.

Vault and balance beam will be located in the Endries Gymnasium. Floor and uneven bars will be located in the Geerts Gymnastics Center. Awards Ceremonies will be in the Van Hoof Gymnasium.

Saturday, November 10, 2018

Session I – Level 1, Level 2 & Xcel Bronze (67)

Open Stretch/Bar Sets/March In: 8:00 a.m.
Timed Warm-ups and Competition: 8:20-10:05 a.m.
Awards immediately following competition

Warm-ups and Competition

Level 2: Green Bay (8), Level 2: Sheboygan (8)

Vault, Balance Beam, Uneven Bars, Floor Exercise

Level 2: Green Bay (9), Level 2: Stateline (7)

Balance Beam, Vault, Floor Exercise, Uneven Bars

Level 2: Green County (7), Level 1: Green County (7), Level 2: Waukesha (3)

Uneven Bars, Floor Exercise, Vault, Balance Beam

Level 1: Sheboygan (3), Xcel Bronze: Sheboygan (2), Level 1: Milwaukee (1),

Level 2: Milwaukee (8), Level 2: Door County (4)

Floor Exercise, Uneven Bars, Balance Beam, Vault

Saturday, November 10, 2018

Session II – Level 3 & Xcel Silver (63)

Open Stretch/Bar Sets/March In: 10:05 a.m.
Timed Warm-ups and Competition: 10:25-12:40 p.m.
Xcel Silver awards immediately following competition.
Level 3 awards immediately following session VI (**Approximately 3:25 p.m.**)

Warm-ups and Competition

Level 3: Heart of the Valley (17)

Vault, Balance Beam, Uneven Bars, Floor Exercise

Level 3: Heart of the Valley (17)

Balance Beam, Vault, Floor Exercise, Uneven Bars

Xcel Silver: Door County (7), Xcel Silver: Sheboygan (3), Xcel Silver: Green County (3)

Uneven Bars, Floor Exercise, Vault, Balance Beam

Xcel Silver: Stateline (9), Xcel Silver: Green Bay (7), Xcel Silver: Waukesha (1)

Floor Exercise, Uneven Bars, Balance Beam, Vault

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Saturday, November 10, 2018

Session III – Level 3 (53)

Open Stretch/Bar Sets/March In: 12:50 p.m.
Timed Warm-ups and Competition: 1:10-3:20 p.m.
Awards immediately following competition

Warm-ups and Competition

Level 3: Green Bay (13)

Vault, Balance Beam, Uneven Bars, Floor Exercise

Level 3: Green Bay (13)

Balance Beam, Vault, Floor Exercise, Uneven Bars

Level 3: Stateline (6), Level 3: Sheboygan (4), Level 3: Milwaukee (5)

Uneven Bars, Floor Exercise, Vault, Balance Beam

Level 3: Green County (4), Level 3: Manitowoc (4), Level 3: Waukesha (4)

Floor Exercise, Uneven Bars, Balance Beam, Vault

Saturday, November 10, 2018

Session IV – Level 7 (36)

Open Stretch/Bar Sets/March In: 3:20 p.m.
Timed Warm-ups and Competition: 3:40-6:25 p.m.
Awards immediately following competition

Warm-ups and Competition

Level 7: Stateline (7), Level 7: Heart of the Valley (5)

Vault, Balance Beam, Uneven Bars, Floor Exercise

Level 7: Wausau (7), Level 7: Waukesha (2)

Balance Beam, Vault, Floor Exercise, Uneven Bars

Level 7: Green Bay (7)

Uneven Bars, Floor Exercise, Vault, Balance Beam

Level 7: Milwaukee (8)

Floor Exercise, Uneven Bars, Balance Beam, Vault

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Saturday, November 10, 2018

Session V – Level 8, Level 9 & Xcel Platinum (34)

Open Stretch/Bar Sets/March In: 6:35 p.m.
Timed Warm-ups and Competition: 6:55-9:25 p.m.
Awards immediately following competition

Warm-ups and Competition

Level 8: Heart of the Valley (4), Level 8: Door County (1), Level 8: Sheboygan (1), Xcel Platinum: Sheboygan (1)

Vault, Balance Beam, Uneven Bars, Floor Exercise

Level 8: Wausau (6), Level 9: Wausau (1)

Balance Beam, Vault, Floor Exercise, Uneven Bars

Level 8: Green Bay (10), Level 9: Green Bay (1)

Uneven Bars, Floor Exercise, Vault, Balance Beam

Level 8: M&M (3), Level 8: Waukesha (3), Level 8: Milwaukee (1), Xcel Platinum: Milwaukee (2)

Floor Exercise, Uneven Bars, Balance Beam, Vault

Sunday, November 11, 2018

Session VI – Level 4 & Xcel Gold (49)

Open Stretch/Bar Sets/March In: 8:00 a.m.
Timed Warm-ups and Competition: 8:20-10:55 a.m.
Xcel Gold Awards immediately following competition
Level 4 Awards immediately following session VI (**Approximately 2:55 p.m.**)

Warm-ups and Competition

Level 4: Green County (10), Xcel Gold: Green County (3)

Vault, Balance Beam, Uneven Bars, Floor Exercise

Level 4: Waukesha (4), Xcel Gold: Waukesha (3), Xcel Gold: Sheboygan (6)

Balance Beam, Vault, Floor Exercise, Uneven Bars

Xcel Gold: Green Bay (8), Xcel Gold: Stateline (2), Xcel Gold: Milwaukee (1)

Uneven Bars, Floor Exercise, Vault, Balance Beam

Xcel Gold: Green Bay (7), Xcel Gold: Door County (5)

Floor Exercise, Uneven Bars, Balance Beam, Vault

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Sunday, November 11, 2018

Session VII – Level 4 (67)

Open Stretch/Bar Sets/March In: 11:05 a.m.
Timed Warm-ups and Competition: 11:20-2:45 p.m.
Awards immediately following competition

Warm-ups and Competition

Level 4: Heart of the Valley (9), Level 4: Manitowoc (9)

Vault, Balance Beam, Uneven Bars, Floor Exercise

Level 4: Heart of the Valley (11), Level 4: Sheboygan (7)

Balance Beam, Vault, Floor Exercise, Uneven Bars

Level 4: Green Bay (14), Level 4: Door County (2), Level 4: Milwaukee (1)

Uneven Bars, Floor Exercise, Vault, Balance Beam

Level 4: Stateline (11), Level 4: M&M (2)

Floor Exercise, Uneven Bars, Balance Beam, Vault

Sunday, November 11, 2018

Session VIII – Level 5 (34)

Open Stretch/Bar Sets/March In: 2:45 p.m.
Timed Warm-ups and Competition: 3:05-4:55 p.m.
Awards immediately following competition

Warm-ups and Competition

Level 5: Heart of the Valley (9)

Vault, Balance Beam, Uneven Bars, Floor Exercise

Level 5: Heart of the Valley (6), Level 5: Green Bay (4)

Balance Beam, Vault, Floor Exercise, Uneven Bars

Level 5: Waukesha (7)

Uneven Bars, Floor Exercise, Vault, Balance Beam

Level 5: Stateline (8), Level 5: Manitowoc (1), Level 5: Sheboygan (1)

Floor Exercise, Uneven Bars, Balance Beam, Vault

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Sunday, November 11, 2018

Session VII – Level 6 (47)

Open Stretch/Bar Sets/March In: 5:05 p.m.
Timed Warm-ups and Competition: 5:25-7:50 p.m.
Awards immediately following competition

Warm-ups and Competition

Level 6: Heart of the Valley (8), Level 6: Sheboygan (2), Level 6: Door County (1)

Vault, Balance Beam, Uneven Bars, Floor Exercise

Level 6: Wausau (12)

Balance Beam, Vault, Floor Exercise, Uneven Bars

Level 6: Waukesha (8), Level 6: Green County (4)

Uneven Bars, Floor Exercise, Vault, Balance Beam

Level 6: M&M (6), Level 6: Green Bay (6)

Floor Exercise, Uneven Bars, Balance Beam, Vault