

Heart of the Valley YMCA

2017 Turkey Invitational - Rotation Schedule

There will be no rotation for bar settings. Please check bar sets before timed warm ups begin. We will be following the Modified Traditional Format.

Vault and balance beam will be located in the Endries Gymnasium. Floor and uneven bars will be located in the Geerts Gymnastics Center. Awards Ceremonies will be in the Van Hoof Gymnasium.

Saturday, November 11, 2017

Session I – Level 1, Level 2, Xcel Bronze, & Xcel Silver (65)

Open Stretch/Bar Sets/March In: 8:00 a.m.
Timed Warm-ups and Competition: 8:20-10:30 a.m.
Awards immediately following competition

Warm-ups and Competition

Xcel Silver: Green Bay (6), Xcel Silver: Door County (6), Xcel Silver: Sheboygan (2), Xcel Bronze: Sheboygan (1)

Vault, Balance Beam, Uneven Bars, Floor Exercise

Xcel Silver: M&M (8), Xcel Silver: Waukesha (2), Level 2: Waukesha (5)

Level 1: Waukesha (1)

Balance Beam, Vault, Floor Exercise, Uneven Bars

Level 2: Green Bay (13), Level 2: Milwaukee (2) Level 1: Milwaukee (1)

Xcel Silver: Milwaukee (1)

Uneven Bars, Floor Exercise, Vault, Balance Beam

Level 2: Door County (8), Level 2: Sheboygan (7), Level 1: Sheboygan (4)

Floor Exercise, Uneven Bars, Balance Beam, Vault

Session II – Level 4 (57)

Open Stretch/Bar Sets/March In: 10:40 a.m.
Timed Warm-ups and Competition: 11:00-1:50 p.m.
Awards immediately following competition

Warm-ups and Competition

Level 4: Heart of the Valley (11), Level 4: M&M (4)

Vault, Balance Beam, Uneven Bars, Floor Exercise

Level 4: Heart of the Valley (12), Level 4: Milwaukee (1)

Balance Beam, Vault, Floor Exercise, Uneven Bars

Level 4: Green Bay (11), Level 4: Waukesha (5)

Uneven Bars, Floor Exercise, Vault, Balance Beam

Level 4: Manitowoc (9), Level 4: Sheboygan (3), Level 4: Door County (2)

Floor Exercise, Uneven Bars, Balance Beam, Vault

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Saturday, November 11, 2017

Session III – Xcel Gold & Xcel Platinum (40)

Open Stretch/Bar Sets/March In: 2:00 p.m.
Timed Warm-ups and Competition: 2:20-4:30 p.m.
Awards immediately following competition

Warm-ups and Competition

Xcel Gold: Milwaukee (6), Xcel Gold: Door County (3), Xcel Platinum: Door County (2)

Vault, Balance Beam, Uneven Bars, Floor Exercise

Xcel Gold: Sheboygan (6), Xcel Platinum: Sheboygan (1)

Balance Beam, Vault, Floor Exercise, Uneven Bars

Xcel Gold: M&M (6), Xcel Gold: Waukesha (3), Xcel Platinum: Waukesha (1)

Uneven Bars, Floor Exercise, Vault, Balance Beam

Xcel Gold: Green Bay (12)

Floor Exercise, Uneven Bars, Balance Beam, Vault

Session IV – Level 7-9 (39)

Open Stretch/Bar Sets/March In: 4:30 p.m.
Timed Warm-ups and Competition: 5:00-7:50 p.m.
Awards immediately following competition

Warm-ups and Competition

Level 7: Heart of the Valley (4), Level 8: Heart of the Valley (6),

Level 9: Heart of the Valley (1)

Vault, Balance Beam, Uneven Bars, Floor Exercise

Level 7: Waukesha (3), Level 7: Manitowoc (2), Level 7: Door County (2),

Level 8: M&M (4)

Balance Beam, Vault, Floor Exercise, Uneven Bars

Level 7: Green Bay (5), Level 7: Milwaukee (1) Level 7: Sheboygan (1),

Level 8: Sheboygan (2)

Uneven Bars, Floor Exercise, Vault, Balance Beam

Level 8: Green Bay (8), Level 9: Green Bay (1)

Floor Exercise, Uneven Bars, Balance Beam, Vault

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Sunday, November 12, 2017

Session V – Level 3 (43)

Open Stretch/Bar Sets/March In: 8:00 a.m.
Timed Warm-ups and Competition: 8:20-10:00 a.m.
Level 3 Awards immediately following session VI (**Approximately 12:00 p.m.**)

Warm-ups and Competition

Level 3: Heart of the Valley (11)

Vault, Balance Beam, Uneven Bars, Floor Exercise

Level 3: Heart of the Valley (12)

Balance Beam, Vault, Floor Exercise, Uneven Bars

Level 3: Heart of the Valley (11)

Uneven Bars, Floor Exercise, Vault, Balance Beam

Level 3: Manitowoc (4), Level 3: Sheboygan (5)

Floor Exercise, Uneven Bars, Balance Beam, Vault

Session VI – Level 3 (43)

Open Stretch/Bar Sets/March In: 10:10 a.m.
Timed Warm-ups and Competition: 10:30-12:10 p.m.
Awards immediately following competition

Warm-ups and Competition

Level 3: Waukesha (9), Level 3: Milwaukee (1)

Vault, Balance Beam, Uneven Bars, Floor Exercise

Level 3: M&M (13)

Balance Beam, Vault, Floor Exercise, Uneven Bars

Level 3: Green Bay (10)

Uneven Bars, Floor Exercise, Vault, Balance Beam

Level 3: Green Bay (10)

Floor Exercise, Uneven Bars, Balance Beam, Vault

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Sunday, November 12, 2017

Session VII – Level 5 (40)

Open Stretch/Bar Sets/March In: 12:20 p.m.
Timed Warm-ups and Competition: 12:40-2:40 p.m.
Awards immediately following competition

Warm-ups and Competition

Level 5: Heart of the Valley (13)

Vault, Balance Beam, Uneven Bars, Floor Exercise

Level 5: Waukesha (6), Level 5: Sheboygan (2)

Balance Beam, Vault, Floor Exercise, Uneven Bars

Level 5: Green Bay (8), Level 5: Door County (1)

Uneven Bars, Floor Exercise, Vault, Balance Beam

Level 5: Milwaukee (10)

Floor Exercise, Uneven Bars, Balance Beam, Vault

Session VIII – Level 6 (29)

Open Stretch/Bar Sets/March In: 2:50 p.m.
Timed Warm-ups and Competition: 3:15-5:25 p.m.
Awards immediately following competition

Warm-ups and Competition

Level 6: Milwaukee (2), Level 6: Heart of the Valley (2), Level 6: Sheboygan (2)

Vault, Balance Beam, Uneven Bars, Floor Exercise

Level 6: Door County (6)

Balance Beam, Vault, Floor Exercise, Uneven Bars

Level 6: Green Bay (4), Level 6: Waukesha (3)

Uneven Bars, Floor Exercise, Vault, Balance Beam

Level 6: M&M (10)

Floor Exercise, Uneven Bars, Balance Beam, Vault