

## WHAT IS Y-KIDS ALL ABOUT?

### ENRICHMENT

Summer is what the kids have been waiting for all school year, but that doesn't mean that learning has to stop. Summer Y-Kids is filled with fun and engaging learning activities that help to prevent summer learning loss. Daily activities include math, reading, STEM projects, arts and crafts, gardening in addition to many other stimulating projects. Y-Kids is much more than summer child care. It is an interactive summer enrichment program.

### FUN

Summers are meant to be fun! The daily plan is not only designed to be structured and educational, but also to be wholesome and fun! This includes, daily games and activities that are both active as well as team-building. Weekly themes and projects and events that fit the themes are both enriching and fun. Exploratory field trips and off-site visits will be a regular part of the program.

### HEALTHY LIVING

This is at the core of what we do. All of the activities that we offer during each day will promote a healthy mind, spirit and body. The Y will provide HEPA (Healthy Eating & Physical Activity) compliant healthy snacks and lunches as well as offer daily physical activity segments as well as lessons in both nutrition and exercise through our new CATCH (Coordinated Approach To Childrens' Health) program.

### CHARACTER DEVELOPMENT

The YMCA core values of caring, honesty, respect and responsibility are the cornerstone of our Summer Y-Kids Program. These values as well as other topics relative to building character will be a daily feature in the Y-Kids program. Staff will hold discussions and exercises geared toward creating a sound understanding of ethics and morality.

### DO Y-KIDS GET A FREE HEALTHY LUNCH AND SNACK?

#### Meet Up and Eat Up Program

Once again the YMCA has been selected as Michigan Summer Lunch Program site. Through a partnership with Menominee Public Schools, a healthy bagged lunch will be provided each day at 11 a.m. from June 12– August 25. Please reserve your lunch for the day prior to 8:30 a.m. so it can be included in the daily lunch order. During the week of August 28– September 1, all Summer Y-Kids will have to provide their own healthy lunch.

Also each day all of our Y-Kids will be given a healthy snack that is in compliance with HEPA standards.

It is optional to bring your own lunch and snacks if you desire, but please keep our healthy mission in mind.

## Y-KIDS SUMMER PROGRAMS

June 12th – September 1st, 2017  
Monday–Friday 6:30 a.m.–5:30 p.m.



### Y-KIDS JR. Ages 4-5

Y-Kids combines educational enrichment, fitness, and character development into fun and interactive days. This group will do everything from using their imagination and creativity to explore the world to focusing on areas like fine-motor skills, school readiness, etiquette, and development of social skills.



### Y-KIDS Ages 6-8

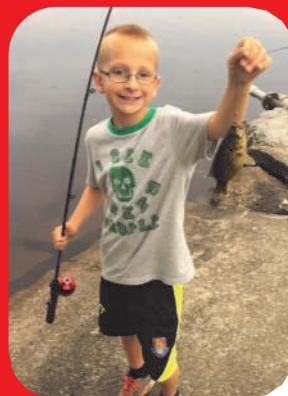
Y-Kids has a strong focus on summer time learning loss and educational enrichment. We will spend time each day with reading, writing, and math in addition to regular group and STEM projects. The YMCA core values of caring, honesty, respect and responsibility will be emphasized as well.



### ADVENTURE CAMP Ages 9-12

Adventure Camp is the ultimate "big-kid" Day Camp experience. In addition to re-emphasizing the Y core values and summer learning loss activities, Adventure Campers will have the ability to go on more field trips than the other groups. They will also explore leadership and mentoring opportunities throughout the YMCA.

\* The YMCA and all Y-Kids programs are closed on Tuesday, July 4.



FOR YOUTH DEVELOPMENT<sup>®</sup>  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**EAT HEALTHY.  
PLAY HARD.  
REPEAT.**



**SUMMER Y-KIDS PROGRAM**  
The Greater Marinette–Menominee YMCA

**REGISTRATION OPENS**  
**MEMBERS MAY 1**

**GENERAL PUBLIC MAY 8**

**Open House for All Y-Kids Levels**  
**Thursday, June 8 from 5:00–6:30 p.m.**

1600 West Drive, Menominee, MI 49858  
906.863.9983 | [www.mmymca.org](http://www.mmymca.org)

## MEET OUR STAFF!

### Joe Plautz Program Director

I have been with the YMCA for 12 years and none of the programs that I have worked over that time are any closer to my heart than this one. It's been so exciting to watch both the children and this program grow over the years. My hobbies include anything to do with sports, especially football, as well as camping and fishing!



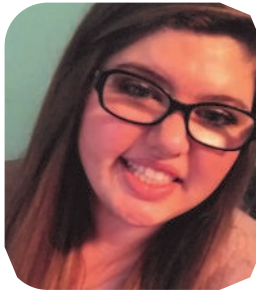
### Carrie Knutson Y-Kids Jr. Coordinator

I have been working in Y Kids Jr for 8 years, and this will be my 3rd summer as coordinator. The Y has always been a place that I can go to enrich myself, the kids, and the community. I will be graduating UW Oshkosh in the fall with a degree in education and the Y provides me with an opportunity to do what I love. Along with teaching, I also have a passion for coaching youth volleyball.



### Megan Dubrock Y-Kids Coordinator

This will be my 3rd summer working at the Y and my 1st summer as Y-kids coordinator. I chose to work at the Y because I enjoy working with kids, being active and the Y is an overall great environment to work in. My favorite part of Y-kids is keeping the kids engaged in learning through the summer. Some of my hobbies include camping and hanging out at the beach.



### Emily Klein Adv. Camp Coordinator

I have been working at the Y for 4 years and this will be my 2nd summer as adventure camp coordinator. I chose to work at the Y because I love kids and being active. My favorite thing to do in Adventure Camp is the crafts because I'm an Art major at UW-Stevens Point. When I'm not working I like to ride my bike and go to the beach with my friends.



## GENERAL DAILY SCHEDULE

6:30 - 8 a.m.	Arrival, Free Play, Outside Play, Gym
8 - 8:30 a.m.	Welcome Activities
8:30 a.m. 10:45 a.m.	Structured Morning Activities
10:45 a.m. - 12 p.m.	Clean up, Lunch, Free Play
11:15 a.m. - 12 p.m.	Y-Kids Jr Swim Time
12 - 3:30 p.m.	Structured Afternoon Activities/ Healthy Snack
1 - 3 p.m.	Swim Times Y-Kids 1-2/Adventure Camp 2-3
3:30 p.m.-5:30 p.m.	Departure, Free Play, Outside Play, Gym

## DAILY CHECKLIST

Please bring the following items daily to Y-Kids. Let us know if we can be of any assistance.



- WATER BOTTLE (with name on it)
- BACK PACK (with name on it)
- SWIM SUIT, TOWEL & PLASTIC BAG (we swim every day)
- GYM SHOES
- HEALTHY LUNCH (required from Aug. 28– Sept.1)
- HEALTHY SNACKS (optional)
- NOTE TO STAFF (if your child has Y classes/lessons)
- SUNSCREEN — (apply before coming)
- A POSITIVE ATTITUDE
- IF POSSIBLE, PLEASE ARRIVE PRIOR TO 8:30 a.m. AND STAY UNTIL AT LEAST 3:30 p.m. TO PARTICIPATE IN ALL DAILY ACTIVITIES.

**PLEASE DO NOT BRING...  
ELECTRONIC DEVICES, TOYS,  
GAMES OR CARDS FROM HOME**



## GRANTS — FINANCIAL ASSISTANCE

The YMCA provides memberships and programs for anyone regardless of their ability to pay. Financial assistance is made possible through a variety of grants, as well as through contributions to our Annual Campaign.

## ALL PROGRAM RATES



### Optional Campers Welcome Kit

The Campers Welcome Kit costs \$30 and will contain the following YMCA items: Cinch Bag, Water bottle, Lanyard, Day Camp T-Shirt

These kits must be ordered by Friday, June 16. The welcome kits will arrive by the first week in July.

## SUMMER Y-KIDS RATES

	MEMBER	GENERAL
INDIVIDUAL WEEKLY	\$76	\$96
FAMILY WEEKLY	\$130	\$160
INDIVIDUAL SHORT WEEK	\$56	\$70
FAMILY SHORT WEEK	\$110	\$138

Short Week rates are valid for up to two full days of any Summer Y-Kids level per week.

## NEW! MARINETTE SUMMER LEARNING Y-KIDS PROGRAM (AGES 5-12)

The Summer Y-Kids program is not only available at the Y, but also at Marinette Middle School! This will be offered each day that the Marinette Summer Learning Program is offered, which is June 19– 30 and July 6–19 from 12:30–5:30 p.m.

This program will feature many of the same daily activities as Summer Y-Kids does like arts & crafts, STEM projects, CATCH, team-building activities, healthy snack and more!

\*Rates do not work in conjunction with Summer Y-Kids rates.

\*All registrations and payments should be done at the YMCA.

	MEMBER	GENERAL
INDIVIDUAL DAILY	\$16	\$20
INDIVIDUAL WEEKLY	\$42	\$54
FAMILY DAILY	\$31	\$39
FAMILY WEEKLY	\$80	\$100

## CONTACT INFORMATION MARINETTE-MENOMINEE YMCA

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