



GYM SCHEDULE

Marinette-Menominee YMCA

FOR A BETTER US®

Revised 2.19.25

Effective 3.1.25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30-8:15 AM OPEN GYM	4:30-8:30 AM OPEN GYM	4:30-8:15 AM OPEN GYM	4:30-8:30 AM OPEN GYM	4:30-8:15 AM OPEN GYM	6:00-7:00 AM OPEN GYM
8:15-8:45 AM Y-WALK	8:30-9:30 AM ZUMBA	8:15-8:45 AM Y-WALK	8:30-9:30 AM ZUMBA	8:15-8:45 AM Y-WALK	7:00-8:00 AM BODY COMBAT
9:00-11:00 AM PICKLEBALL	9:30-11:00 AM PICKLEBALL	9:00-11:00 AM PICKLEBALL	9:30-11:00 AM PICKLEBALL	9:00-11:00 AM PICKLEBALL	8:00-8:45 AM ZUMBA
11:00 AM - 8:00 PM OPEN GYM	11:00 AM - 8:00 PM OPEN GYM	11:00 AM - 8:00 PM OPEN GYM	11:00 AM - 8:00 PM OPEN GYM	11:00 AM - 7:00 PM OPEN GYM	8:45 AM - 6:00 PM OPEN GYM
					SUNDAY
					7:00 AM - 1:00 PM OPEN GYM

