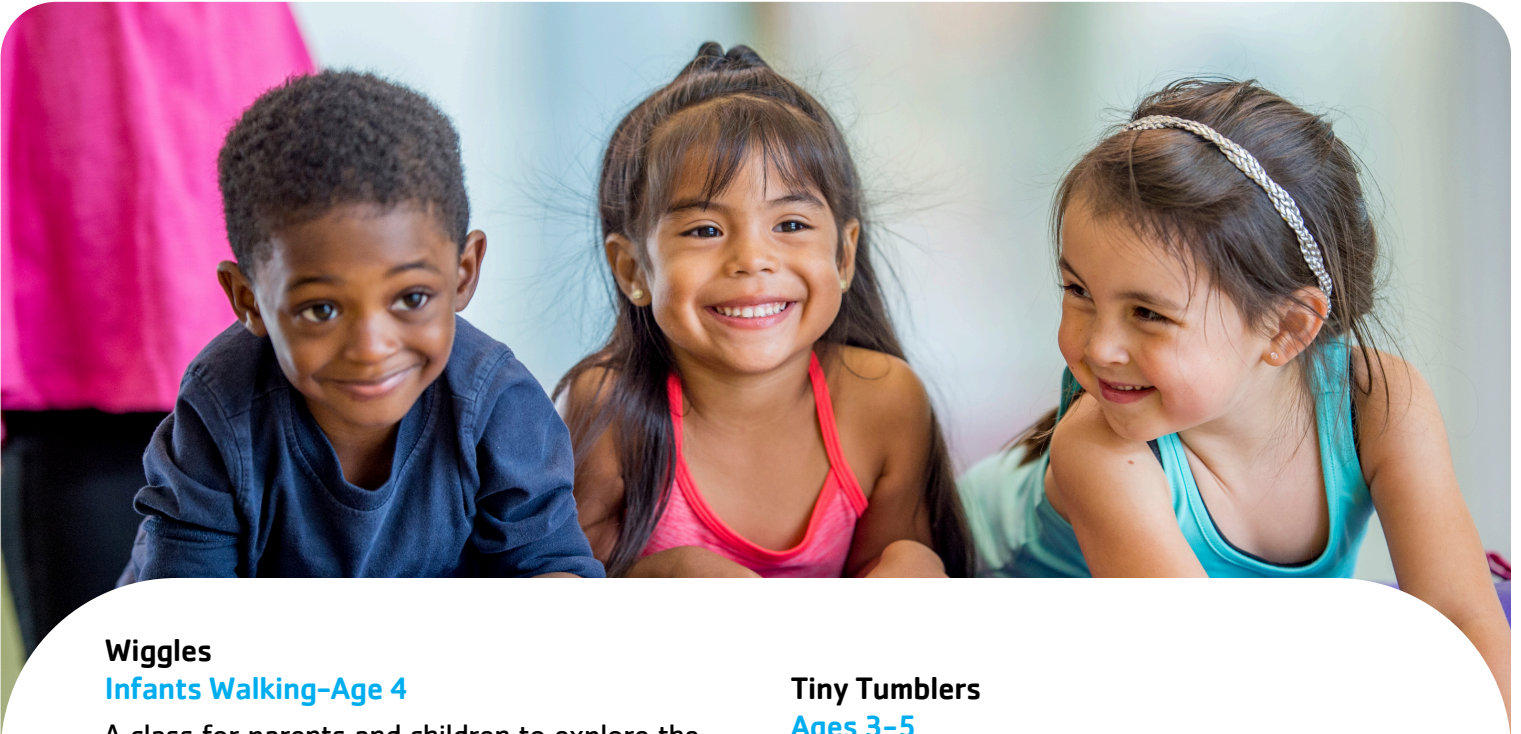




GYMNASTICS CLASS DESCRIPTIONS

THE GREATER MARINETTE-MENOMINEE YMCA



Wiggles

Infants Walking-Age 4

A class for parents and children to explore the fun of gymnastics. The instructor will guide you both through obstacle courses for coordination and motor skills where they jump, run, and laugh. Balance on the beam, tumble on the wedge, and even swing on the bars.

Ninja

Ages 3-6

Inspired by American Ninja Warrior. This class offers high energy obstacle courses, rock wall climbing, swinging on bars, trampoline jumping, and gymnastics skills.

Gymne Cricket

Ages 4-6

This class introduces level 1 skills from the Junior Olympic Gymnastics Program. Using all the official gymnastic apparatuses, and more. Fun and creativity are our number one focuses.

Tiny Tumblers

Ages 3-5

Gymnastics for the growing toddler who is ready to participate in class without a parent, learning beginning gymnastics skills with fun and imagination. Boys and girls welcome!

Ninja

Ages 7-12

Inspired by American Ninja Warrior. This class offers high energy obstacle courses, rock wall climbing, swinging on bars, trampoline jumping, and gymnastics skills. Higher level!

Girls Gymnastics

Ages 6-12

Learning USA-Gymnastics skills beginning to intermediate instruction and no experience needed. Class includes: dance, strength and flexibility training, skills on uneven bars, beam, vault and floor.